



UWA Eating Disorders Service Coordinators:

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About the UWA Eating Disorders Service

The UWA Eating Disorders Service (EDS) is a private, outpatient treatment service for children, adolescents and adults with eating and weight disorders. We provide treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, other atypical eating disorders, and obesity.

When you contact us, you will be offered an initial assessment session with one of our Service Coordinators, Associate Professor Sue Byrne, Clinical Psychologist, or Dr Karina Allen, Clinical Psychologist. This session will last for approximately one hour. After this session we will provide you with recommendations for treatment. If the UWA EDS is not able to meet your needs, we will arrange for a referral elsewhere.

Our treatment options include individual treatment with a Clinical Psychologist, individual treatment with a Clinical Psychologist Trainee, group treatment, and treatment as part of a research trial. All of our treatments are evidence-based and draw on best practice recommendations for eating and weight disorders. All of our Clinical Psychologists are Medicare accredited.

Fees for treatment sessions vary depending on the type of treatment you choose. We will discuss this with you when you attend your assessment session. The initial assessment will cost \$180, of which \$122.15 can be claimed from Medicare if you have a Mental Health Care Plan from your doctor.

The UWA EDS is not suitable for patients needing intensive day patient or inpatient treatment. Consistent with international treatment guidelines, we are not able to see patients with anorexia nervosa who have a Body Mass Index below 14. In such cases, we would recommend an inpatient admission to improve weight prior to outpatient treatment.

Referrals and enquiries

To attend the service, you will need a referral from your General Practitioner (GP) or Psychiatrist. In order to claim Medicare rebates for clinical psychology sessions, you will need a Mental Health Care Plan from your GP.

If you wish to arrange a Mental Health Care Plan, we recommend booking an extended (long) appointment with your GP, so that they have sufficient time to review your circumstances and needs. If your GP agrees that a Mental Health Care Plan is indicated, they will develop the plan with you and may then refer you to the UWA Eating Disorder Service.



UWA Eating Disorders Service

In order to claim Medicare rebates with us, you must bring a signed referral letter from your GP that states that a Mental Health Care Plan is in place, or arrange for your GP to mail or fax it to us in advance of your first appointment. We recommend that referrals are made to the UWA Eating Disorder Service, rather than a specific clinician.

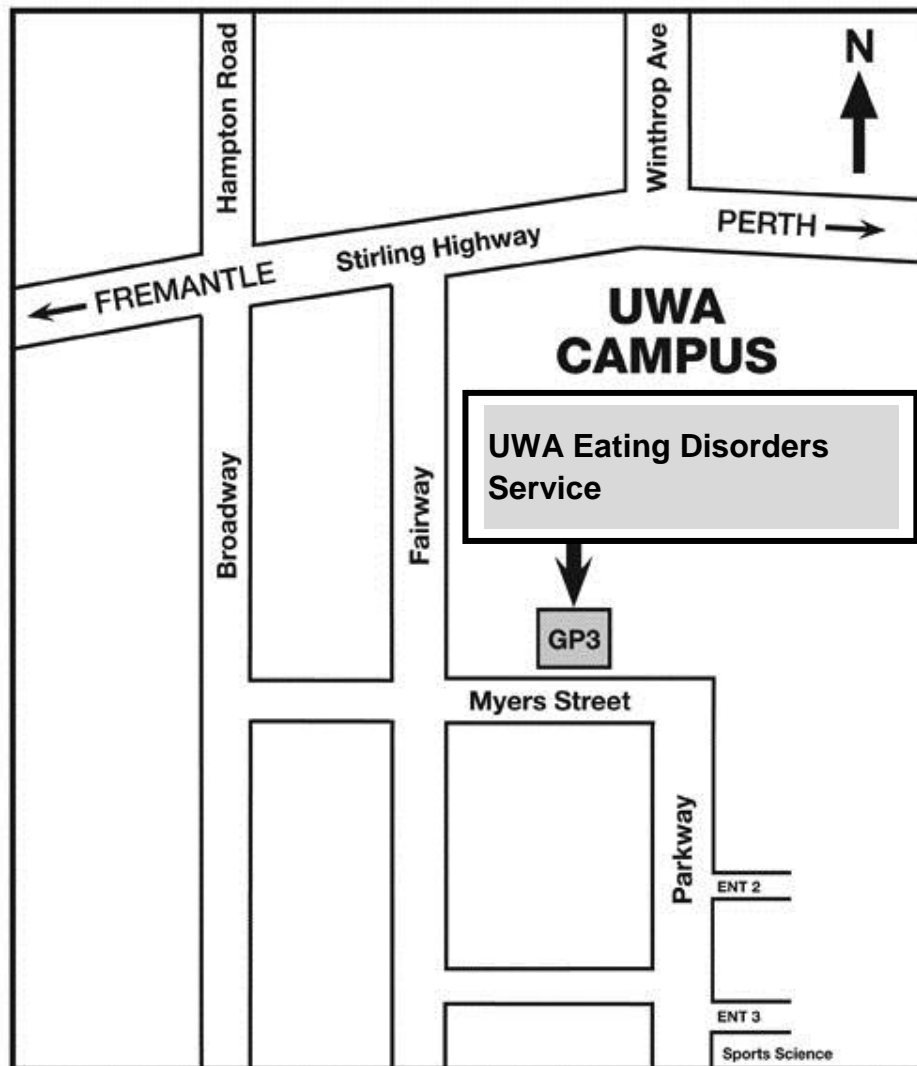
Enquiries can be directed to Associate Professor Sue Byrne (6488 8079 or sue.byrne@uwa.edu.au) or Dr Karina Allen (6488 7428 or karina.allen@uwa.edu.au). Referring practitioners can also fax referrals directly to 6488 2655.

How to find us

We are located within The University of Western Australia's Clinical Psychology unit, known as the Robin Winkler Clinic. It is housed within the Third General Purpose Building on Myers Street in Crawley (see map below). There is pay parking available on Myers Street and free two hour parking available on the surrounding side streets. The UWA campus is also well serviced by public transport.

The entrance to the Third General Purpose Building is on the east side of the building, towards the Swan river. From Myers Street, walk up the ramp to the walkway on the east side of the Third General Purpose Building, adjacent to the Sanders Building. Enter through the glass sliding door on your left. You will see a sign for the 'Clinical Psychology Unit' and the 'Robin Winkler Clinic, School of Psychology'. Once inside, take the lift up one floor to the Robin Winkler Clinic reception.

If you have any difficulties finding us, you can call the central Clinic reception on 6488 2644.



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